Bio for Board Election:

I have been a resident of the Meadows since April 1989 when I bought a one bedroom Braddock Unit that had been a rental unit for many years. In 2004, I renovated my attic into much needed additional living space and am the proud owner of a two bedroom two bath unit in our neighborhood. I often say to people that living here is akin to living in a park complete with a resort like swimming pool and tennis courts! I have made friends here with many lovely people over the years and have thrived for 30 years. Professionally, I retired from Fairfax County Government after practicing Social Work for 33 years. I am happy at this time to give back to the community that has given me so much.

Frona Adelson