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Notes from the Board

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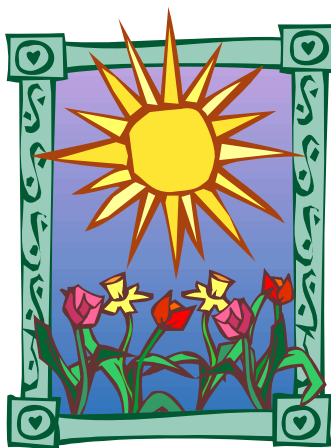
Dear Friends in Fairlington Meadows—

Your Board of Directors wishes you a warm and healthy spring! This is the time of the year when we begin to see the results of all the hard work that members of the Meadows Buildings and Grounds Committee put into our community. The blossoming trees and plants are a wonderful reward to each of us for getting through another winter and we would like to thank everyone on the B & G Committee and especially Chuck and Lisa for all they do to keep our neighborhood looking good.

As many of us catch spring fever and are getting the itch to do some patio and yard work, I would like to remind you that any work you might want to do in the common areas needs to be proposed to and approved by the B & G Committee. This regulation helps ensure that our common areas remain attractive, uniform, and easy to maintain. For example, rose bushes are beautiful but they can quickly become overgrown, unsightly, and difficult to work around. Because of this, they may not be the best choice for a common area planting.

With the approaching warm weather inspiring each of us

to get our homes and patios ready for spring, please remember not to leave trash bags out overnight—even if they only contain the remnants of last year's garden. We have had some **extreme** abuses of our by-laws concerning trash pick-up in recent months and we don't want this problem to get any



more out of hand. Please keep in mind that our trash hauler is not contracted to pick up old doors, cabinets, sheetrock, plumbing materials, or any other interior demolition waste and such items should not be placed curb-side. Unit owners are responsible for ensuring that the contractor in charge of the renovation or an outside trash collector removes this material in a timely and safe manner.

We are in the process of upgrading our contract with

COMCAST, our cable TV vendor. As I have mentioned in earlier newsletters, cable installations in our community have gotten to be a problem and are not only unsightly but have become tripping hazards in many common areas. The new contract will be very specific about the proper and approved methods of cable installation with the main points being: 1) cables will be installed **only** on the back building walls; 2) building entry points will be at or very near ground level for all units except for the upper Braddock units in the B-buildings; and 3) cables will not be looped or left slack on the ground or building sides. COMCAST uses subcontractors for cable installation and chances are good that they will not know the rules of our community. Your cooperation when having cable installed will be greatly appreciated.

Memorial Day weekend will mark the opening of the Meadows pool and we have some bad news and some good news to report in advance of the 2005 season. First, the bad news: Dave Lassiter, our pool manager for the past 10 years, has accepted a pool management position with another much

-Continued on page 4

Buildings & Grounds Update

By Chuck Edwards and Lisa Farbstein, Co-chairs

Spring 2005 Planting

Residents who have requests or suggestions for the spring planting should contact the Committee in writing. Address these requests to Lisa Farbstein at 3422A-2 South Stafford Street or Chuck Edwards at 3460 A-1 South Stafford. Residents can visit the Meadows' Web site (www.fairlingtonmeadows.com) for forms to use when making requests or suggestions to the Committee.

Grounds Work

ValleyCrest, our grounds contractor, cleaned the planting beds throughout the community in March. In late March, they began mulching the beds and mowing the lawns for the first time this year. They are scheduled to mow, edge, and maintain our shrubbery every seven to 10 days during the growing season.

Arborist

Once again Jerry Dieruf has been awarded a contract by the Board of Directors to continue as our arborist for the year. Jerry will inspect the community four times during the year and make recommendations to the committee concerning the health of our trees and shrubs and ways of combating pests that attack them.

Tree Work

During the summer, there will be some tree work done throughout the village. This will include trimming and removal of a few

diseased and dying ornamental trees. Also, the Committee will recommend that the five remaining American elms be treated to help prevent Dutch elm disease. This is done every four to five years.

More About Trees

The Committee would like to remind residents that our trees are living things that need to be nurtured and protected. They should never be used for signposts; nailing or stapling into a tree opens it up for disease. The community spends many hours and dollars protecting our trees, and they are essential to the overall ambiance of the Meadows and all of Fairlington. Additionally, our by-laws prohibit tree-climbing. Please do not allow your children to climb on any trees in the Meadows. It can result in broken limbs—of both the trees and the children!—and cause significant damage.

Common Area Plantings

Residents who are interested in planting a small flower garden outside a patio must first receive permission from the Buildings and Grounds Committee, which will review the request. Such gardens are subject to removal if the resident does not maintain the space. Please remember that permission is needed for any planting in common

areas and that these additional plantings become the property of the condominium association. There are many things to consider when planting, including the location of sewer and underground utility lines, the type of material planted, and its impact on the community.

Community Pride

The Meadows covers about 22 acres, and all of us need to help with keeping our homes as attractive as possible. Therefore, if you see a bit of debris on the grounds, please consider picking it up and disposing of it. All of us working together will help keep the community looking great.

If you are interested in joining the Fairlington Meadows Buildings and Grounds Committee, please feel free to attend the upcoming meetings. All begin at 7:30 p.m. and last approximately one hour. Please check the *Messenger* for meeting places.

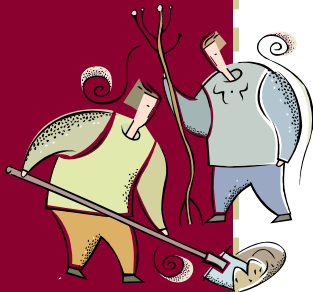
May 4, 2005

Hosted by Judi Garth
3445 South Utah Street

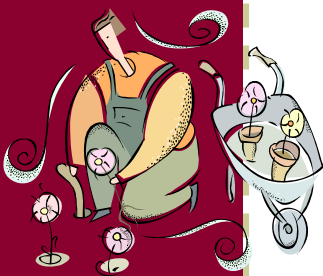
June 1, 2005

Hosted by Janet Filer
3444 South Stafford Street

The B & G Committee will not meet in July and August. Check future issues of the Messenger for information about September's meeting!



With the warm weather of spring approaching, the Meadows comes alive thanks to the enthusiasm of resident gardeners just like you!



Early Spring Gardening Tips

By Chuck Edwards and Lisa Farbstein, Building & Grounds Committee Co-chairs

Pansies planted in the fall are now blooming with the beginning of warmer temperatures. The ones at the circle have filled in beautifully! If you planted pansies in the fall, now is the time to apply a liquid fertilizer and remove the dead stems and blooms to encourage new growth.

Cut the tops of perennial grasses, such as liriopse and mondo grass, before new growth begins. This will keep the new blades from being flat rather than pointed.

Do not prune azaleas, hydrangeas, forsythia, etc. until after flowering. It's ok to remove deadwood from these shrubs.

Daffodils and early spring bulbs are beginning to emerge. They

will benefit from a light application of all purpose fertilizer. Remember that removing the spring bulb foliage or tying it back keeps the bulbs from setting flower buds for the next spring. Bulb foliage needs 10 to 12 weeks of growth to set next year's flowers.

Remember that the last frosts in this area occur well after the middle of April, so do not plant warm weather materials until conditions stabilize. Early planting of warm weather material results in rot, stunted growth, and the need to replace.

Of course this is a good time to start planning your summer border or patio garden. Try to include at least one new plant



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which you have not tried before. You may consider beginning a garden journal to record your gardening year and those to come!



Thanks for Your Kindness

To all my friends in the Meadows,

Thank you for all the cards, phone calls, e-mails, and especially your prayers during my recovery from cancer treatments.

Your messages were uplifting and I know they helped speed my recovery.

Thank you all!

Jack Clark

Notes from the Board

-Continued from page 1

larger community and will not be with us this summer. We will most definitely miss Dave's good nature, excellent pool management skills, and unique and fun ideas for pool social events. We wish Dave the best in his new job.

The good news is that Maureen McMorro, who has been with us since she was a teenager, will be assuming the Meadows pool manager position. Those of you who know Maureen will agree that we couldn't have found a better replacement for Dave. Maureen is a very competent and friendly young lady and she will do an excellent job running the pool and coordinating related events and activities. Congratulations, Maureen! The other good news is that Dave has offered to help with the pool start up and, because he lives in the neighborhood, offered to be on call if we need his assistance. Thanks for that, Dave.

JACK IS BACK! As some of you know, Jack has been on a leave of absence for a portion of the winter. He is now back with us and ready to take on the many jobs that always come with spring. If you see him around the neighborhood, please take a minute to welcome him back and to wish him well. I can't say enough good things about

Jack and we are all glad that he is back. A special thanks goes to José for holding down the "fort" while Jack was away. José has been a wonderful addition to our Meadows family and we very much appreciate all that he does for us.

Did you know that Arlington County and other Virginia jurisdictions have state-mandated recycling goals? Well, I didn't until just recently. Arlington County's goal is to ensure that 25 percent of all discarded material finds its way into the recycling bin—very reasonable when you consider the obvious benefits for the environment and taxpayers alike. After all, burning trash at the Van Dorn Street incinerator is quite expensive. While county-wide recycling is at an admirable 37 percent, the percentage of Fairlington waste being recycled is much lower at around 14 percent.

This is one of the reasons that the Arlington County is considering franchising our trash collection. I strongly encourage all residents to make every attempt to recycle discarded materials. We have weekly recycling pickup and all it takes is saving your glass, plastic, metal, and newspapers for a few days and placing these items in the appropriate bins every

Tuesday night or first thing Wednesday morning for collection. To borrow a phrase, please be sure to "pitch in for the environment" and for your own wallet!

One last thing, I want to give you all a heads up that the new Arlington County Commissioner of Revenue is moving to strictly enforce the personal property taxes codes with regard to vehicles belonging to Arlington residents. If you are new to Arlington, you need to get your car registered and get the vehicle tag for your windshield. Non-compliance fines and tax penalties can be significant.

We wish our Fairlington Meadows friends and neighbors a wonderful spring. Check out our Web site for important community information and for the schedules of our meetings and other community events.

Best wishes for a happy, healthy spring!

—John Thurber,
Board President

**Join the
Meadows Pool
Committee!**

Swimming season is right around the corner, so if you are interested in making our pool the best it can be, why not join the Pool Committee?

Dive in by contacting Committee Chairman Cliff Beasley at (703) 671-5135!

Tennis Anyone?

By Ed Girovasi, Recreation Committee Chair

Tennis season at Fairlington Meadows runs from May 7 through October 2, 2004.

For reserved play on weekends, a sign-up sheet will be posted by 7:30 a.m. each Saturday and Sunday. On weekdays, court time is available on a first-come, first-served basis.

Residents 16 years or older may reserve a court for one hour by printing their full name and unit number on the sign-up sheet.

There is a limit of one hour per unit per day. If the person who signed up for the court doesn't commence play within 10 minutes after the hour, he/she will forfeit the court to those present.

Two players must be present to establish their place in line when waiting for a court. One player alone cannot hold a place in line.

Before starting play, set the bulletin board clock to indicate your starting time and place your ID card (pool pass) in the corresponding holder. If you fail to indicate your starting time or fail to display your ID card in the holder, you must vacate the court at the request of waiting players.

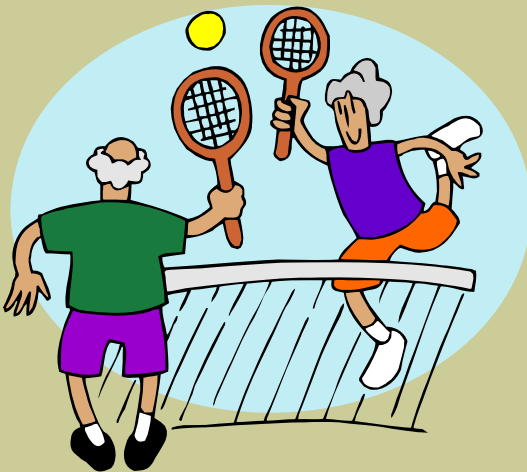
After one hour (singles), you must vacate the court if others are waiting to play. Doubles may continue to play for two consecutive hours, provided that two residents have their ID cards on display.

Please remember that our tennis courts are available for one activity only— TENNIS.

Residents are reminded that all other activities are prohibited on the courts and that improper use may result in forfeiture of recreation privileges (including pool passes).

If you have any questions about tennis at the Meadows or wish to notify the Board of any problems or suggestions, please contact Ed Girovasi at (703) 931-3735 or John Stack at (703) 379-7245.

Before the 2005 tennis season begins, the playing surfaces on our tennis courts are being resurfaced. Applicators, Inc.—the same contractors who rebuilt the courts in 1986 and more recently worked on our community's parking lots—will apply new color, lines, and topcoat. The cost of this renovation is \$6,380.00 and it is being funded by the condo fees residents pay each month. Keeping the courts in good condition for as long as possible will protect this investment in our community.



For this to happen, the tennis courts should only be used for—you guessed it—TENNIS!

Courts should not be used as a dog run, for infant strollers, playing field hockey, or any other activity that could prematurely damage the surface.

Your cooperation will help ensure that your condo fees are not wasted.

The Rules of the Pool

With the 2005 pool season fast approaching, it's time for a refresher course on some of the rules and etiquette all residents—and their guests—should keep in mind while enjoying one of our community's best resources.

General Behavior

No horseplay, running, or otherwise potentially unsafe behavior is permitted.

Food and Beverages

Food and beverages are only allowed in certain designated areas. Glass bottles are not allowed at the pool.

Hygiene

To ensure healthy water quality, people must

shower before they enter the pool. Children who are not potty-trained must wear swim diapers.

Adult Supervision

Parents are required to supervise their children



who are under the age of 12 at all times.

Identification Cards

Identification cards may be issued to either residents or non-resident owners, but not both. Residents over the age of 7 are re-

quired to display their ID cards and sign in at the registration table.

A comprehensive list of all the rules is posted at the pool; they are also available online at the Meadows Web site.

Remember—the pool manager and lifeguards are on duty to ensure your safety as well as your compliance with the rules of the pool. They have

complete jurisdiction over the pool and everyone within the pool area is obliged to cooperate with them and abide by these rules.

Pool season begins Memorial Day Weekend!

Note to Unit Owners

Meadows By-laws require you to submit a written request for any changes in excess of \$1,000 that you are considering making inside your unit.

The Board of Directors must approve these changes before any work is begun.

Community Directory

Board of Directors

John Thurber, president
David Andrews, 1st vice pres.
Judy Pisciotta, 2nd vice pres.
Paul Kealey, treasurer
Bryan Hochstein, secretary

Send correspondence to the Fairlington Meadows Board of Directors in care of Community Management Corp. at the address listed below. For copies of Board meeting minutes, see the Fairlington Meadows Web site (www.FairlingtonMeadows.com), view them on the community bulletin at the pool house, or contact Paul Leddy at CMC.

Messenger Volunteers

Kathryn Utan, editor
Rose Stack, distribution

Send letters, article ideas, or other items to the editor at 3407B South Stafford Street or via e-mail to Kathryn_utan@yahoo.com. Include your name, address, and contact information with all correspondence. Items will be printed at the editor's discretion.



Property Management

Paul Leddy
Community Management Corp
12701 Fair Lakes Circle
Suite 400, PO Box 10821
Chantilly, Va. 20153
Tel. 703-631-7200
Fax 703-631-9786
E-mail: paul@cmc-management.com

On-site Maintenance

Jack Clark, manager
José Rameriz, assistant
Tel. 703-820-6799

Towing Requests

A-1 Towing of Northern VA
Tel. 703-979-2110

Reduce, Reuse, Recycle!

By Judi Garth

According to David Dunn of Capitol Services, the company that manages trash and recycling pick-ups in the Meadows, more than 408 tons of trash were removed from our community last year. In addition to that, 61 tons of mixed paper and 47 tons of commingled items were recycled. A portion of our monthly condo fees go to pay for these crucial services, so we should all keep in mind that we can help our environment while at the same time keeping our trash removal costs lower just by increasing the amount of waste we recycle each week.

It is wonderful to see the recycling bins overflowing every Wednesday morning; it's an indication that residents of Fairlington Meadows have really gotten into the spirit of recycling and improving our environment. As commendable as these efforts are, however, we all need to be aware of which items can be recycled and which belong in the trash.

The following items are recyclable:

Newspapers (place them in paper bags or bundle them with twine)

Magazines and other paper items ((paper bags, computer

paper, telephone books, hard-cover and paperback books—place these items in paper bags or boxes)

Boxes (i.e. cereal, tissue—these should be flattened and not contaminated by food; any wax paper insert must be removed and put in trash)

Packing or other large boxes (break these down and flatten them)

Cans (all types of metal food and beverage cans can be placed in the appropriate bins)

Glass (only brown, green, and clear glass should be placed in the bins)

Plastic (bottles and narrow-necked jugs marked with the recyclable symbol and the numbers 1, 2, or 3—i.e. milk jugs, soda bottles, and laundry detergent bottles—if possible, squash these items before placing them in the appropriate bins)

Please keep in mind that recyclables cannot be contaminated by food. Items contaminated by food wind up in the trash, which defeats the purpose of recycling, so be sure that all glass, plastic, and metal items are rinsed clean and that their lids are removed. Cans, glass, and plastic may be commingled in the bins, but newspapers and other paper items should be kept separate.

The Following Items May Not be Recycled:

- Styrofoam
- Yogurt-type containers
- Strawberry quarts
- Lids
- Lightweight plastics (deli containers and clam shells)
- Pizza boxes
- Foil and pie pans
- Mirrors, light bulbs
- Window glass
- Drinking glasses
- Wax paper

If you find yourself wondering about an item not listed, it's a good idea to follow this rule "When in doubt, leave it out."

Household Hazardous Materials

Household hazardous materials are hazardous chemicals, such as paint, pesticides, or batteries, that should not be thrown out with your regular trash or recycled, because they might spill or leak out of the trash trucks. These materials may be taken to Arlington County's HHM drop-off facility located at the Water Pollution Control Plant at 3402 South Glebe Road. The HHM entrance is at 3155 S. Fern Street. Saturday hours are 9 a.m. to 3 p.m. For more information call 703-228-6832.

...we can help our environment while at the same time keeping our trash removal costs lower just by increasing the amount of waste we recycle...

Food Bytes

By Janet Filer

You may think of potatoes as just an everyday vegetable, but add a few extra ingredients and suddenly they're fancy fare. These two recipes are sure to add flair to your meals. We thank Sheila, a resident of Court 8, for sharing her Sweet Potato Soufflé recipe with us.

Sweet Potato Soufflé

- 2 cups hot mashed sweet potatoes
- 1/2 cup butter
- 1 cup light cream or evaporated milk
- 1 cup sugar
- 1/2 teaspoon salt
- 2 eggs, slightly beaten
- 1/4 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 2 teaspoon vanilla

Combine first five ingredients and beat well with mixer. Add egg, stir in cinnamon, nutmeg, and vanilla. Spoon into a greased 2-quart baking dish and bake at 350 degrees for 50 minutes.

Soufflé Potatoes

- 1 2.7-oz. package mashed potato flakes
- 1 8-oz. carton commercial sour cream
- 1 cup cream-style cottage cheese
- 3 tablespoons minced onion
- 1 teaspoon parsley flakes
- 1/4 teaspoon garlic salt
- 1/4 teaspoon pepper
- 3 eggs, separated

Prepare potatoes according to package directions, using 1 cup water. Combine with remaining ingredients except eggs; stir well. Beat egg yolks until thick and lemon colored; stir into the potato mix. Beat egg whites (at room temperature) until stiff and gently fold into potatoes. Spoon into a lightly greased 1-1/2-quart casserole. Bake at 350 degrees for 1 hour and 5 minutes, or until puffed and lightly browned. Serve immediately. (Serves 6)

Doggie Dos (and Don'ts)

In addition to being a great place for people to live, Fairlington can also be a paradise for its canine inhabitants. There are plenty of green, open spaces, other dogs to play with, and even a dedicated dog run at Utah Field.

In recent months, however, there have been a growing number of complaints related to dogs (and their owners).

There have been many instances of owners not cleaning up after their pets, even using the tennis courts as a dog run—and leaving behind “solid waste” on the courts.

Also, many owners are ignoring the community by-law (and Arlington County ordinance) that mandates keeping dogs on a leash at all times when they are in common areas. At least one person has been bitten as a result of this.



Meadows by-laws clearly set forth regulations regarding pets and pet courtesies that are designed not only to adhere to county laws, but also to ensure the comfort and safety of residents.

The bottom line is that pet owners need to exercise common sense and courtesy toward others in the neighborhood by picking up and properly disposing of all solid waste left behind by their dogs and ensuring the safety of their pets—and their neighbors—by keeping their dogs leashed whenever they are outside.

For more information about our community regulations concerning pets, contact your court representative or see page 11 of the Meadows by-laws, which are available online at www.fairlingtonmeadows.com.

Dive In!

Join the Meadows Pool Committee and Make a Big Splash this Summer!

Swimming season is right around the corner and the Meadows Pool Committee finds itself with a number of vacancies to fill. If you are interested in joining the Pool Committee and would like to contribute to making our pool the best it can be, please contact Chairman Cliff Beasley at (703) 671-5135.